

PROMOTION RECOMMENDATION  
The University of Michigan-Dearborn  
College of Arts, Sciences, and Letters

David K. Chatkoff, associate professor of psychology, with tenure, Department of Behavioral Sciences, College of Arts, Sciences, and Letters, is recommended for promotion to professor of psychology, with tenure, Department of Behavioral Sciences, College of Arts, Sciences, and Letters.

Academic Degrees:

Ph.D.	2003	Counseling Psychology, University of Southern Mississippi, Hattiesburg, MS
M.A.	1996	Counseling, St. Mary's University, San Antonio, TX
B.B.A.	1986	Electrical Engineering Route to Business, University of Texas, Austin, TX

Professional Record:

2010-present	Associate Professor, University of Michigan-Dearborn, Dearborn, MI
2004-2010	Assistant Professor, University of Michigan-Dearborn, Dearborn, MI

Summary of Evaluation:

Teaching: Professor Chatkoff is rated excellent in teaching. He regularly teaches eight distinct courses, at both the undergraduate and graduate levels, with his contributions to the graduate program especially significant. As an associate professor, he developed two new graduate courses after having already created four graduate courses as an assistant professor. In this way, he has greatly contributed to the diversity and depth of course offerings in psychology. Professor Chatkoff's teaching is guided by two overarching goals: first, to foster students' acquisition of new knowledge and perspectives; and second, to help develop students' self-awareness, ongoing professional development, and their understanding of health and healthcare delivery systems. In his classes, he focuses on promoting students' learning of up-to-date, evidence-based information, their development of strong critical thinking skills, and their enthusiasm for the field and profession of psychology. He is dedicated to delivering the highest quality education to all students and is particularly passionate about educating those in the health/clinical health psychology program – students who will play vital roles as future healthcare providers. His teaching has yielded strong student evaluations, especially for his graduate courses. Across all his classes, students rate Professor Chatkoff as highly knowledgeable about the subject matter (4.88), effective in teaching (4.58), and setting high standards for student achievement (4.63). Students' average ratings also demonstrate positive evaluations of his overall teaching (4.53) and his courses (4.33). Committed to student success, Professor Chatkoff is also an exceptional mentor to both undergraduate and masters-level students. He has involved a significant number of students in his own research and has supervised multiple independent research projects, as well as graduate and undergraduate theses.

Research: Professor Chatkoff is rated significantly capable in research. He has demonstrated a cohesive, purposeful, self-directed research agenda concerning two main health psychology topics: cardiovascular health and, more recently, chronic pain. More specifically, his research

focuses on the biopsychosocial factors associated with cardiovascular functioning and with the etiology, maintenance, and treatment of chronic pain. His peer-reviewed work has been published in high-impact journals. Professor Chatkoff's research on cardiovascular functioning has investigated the role of chronic stress on cardiovascular reactivity and recovery. In a seminal publication (Chatkoff et al., 2010, *International Journal of Psychophysiology*) he found that quadratic modeling, rather than more traditional linear models, may better represent current theories of how chronic stress influences cardiovascular reactivity and recovery. His work on chronic pain has examined perceived stress, pain catastrophizing, and other factors that may contribute to and increase chronic pain. In addition, he has studied psychosocial factors associated with intimate couples' relationships that may be risk factors for the development and exacerbation of pain. Most recently, he expanded his research focus to conduct a timely, relevant study concerning the impact of the Covid-19 pandemic on the health and well-being of chronic pain patients (Chatkoff et al., 2022, *Pain Management*). The clinical implications of his chronic pain research have wide-ranging importance, especially in this age of opioid addiction.

#### Recent and Significant Publications:

- Chatkoff, D. K., Leonard, M. T., Najdi, R. R., Cruga, B., Forsythe, A., Bourgeau, C., & Easton, H. (2022). "A brief survey of the COVID-19 pandemic's impact on the chronic pain experience." *Pain Management Nursing*, 23, 3-8.
- Leonard, M. T., Krajewski-Kidd, K., Shuler, R., Wesolowicz, D., Miller, C., & Chatkoff, D. (2019). "The impact of emotional regulation strategies on pain catastrophizing in the context of interpersonal relationships". *Clinical Journal of Pain*, 35(12), 925-932.
- Leonard, M. T., Chatkoff, D. K., & Maier, K. (2018). "Couple's relationship satisfaction and its association with depression and spouse responses within the context of chronic pain adjustment." *Pain Management Nursing*, 19(4), 400-407.
- Chatkoff, D. K., Leonard, M. T., & Maier, K. J. (2015). "Pain catastrophizing differs between and within WHYMPI pain adjustment classifications: Theoretical and clinical implications from preliminary data." *Clinical Journal of Pain*, 31(4), 349-354.
- Kerns, R. D., Shulman, M., Burns, J. W., Jensen, M. P., Nielson, W. R., Czlapiński, R., Dallas, M., Chatkoff, D. K., Sellinger, J., Heapy, A., & Rosenberger, P. (2014). "Can we improve cognitive-behavioral therapy for chronic back pain treatment engagement and adherence? A controlled trial of tailored versus standard therapy." *Health Psychology*, 33(9), 938-947.
- Leonard, M. T., Chatkoff, D. K., & Gallaway, M. (2013). "Association between pain catastrophizing, spouse responses to pain, and blood pressure in chronic pain patients: A pathway to potential comorbidity." *International Journal of Behavioral Medicine*, 20(4) 590-598.
- Maier, K., Berkman, J., & Chatkoff, D. K. (2012, December 20). "Novel virus, atypical risk group: Understanding young adults in college as an under-protected population during H1N1 2009." *PLOS Currents*, 4; ecurrents.flu.ce9ad5d14c88ccf5877b9cf289a41eaf. doi: 10.1371/currents.flu.ce9ad5d14c88ccf5877b9cf289a41eaf.
- Chatkoff, D. K., Maier, K. J., & Klein, C. (2010). "Nonlinear associations between chronic stress and cardiovascular reactivity and recovery." *International Journal of Psychophysiology*, 77, 150-156.

Service: Professor Chatkoff is rated excellent in service. He has been an involved contributor to the university community. At the campus level, he has been a member of the Institutional Review Board (IRB), the University of Michigan-Dearborn Graduate Board, the Faculty Mentoring Committee, and the Safety Oversight and Advisory Committee. He has also been the faculty advisor for two student-led organizations: Primary Caretakers and Coping with Care. At the college level, he has been a member of both the college's Academic Standards Petition Committee and the Academic Integrity Board. At the discipline level, Professor Chatkoff has served as the director of the master's program in health/clinical health psychology and as a member of the Psychology Promotion and Tenure Guidelines Committee. He has also been an active member of the Masters of Science in health/clinical health psychology committee and has served as the pre-thesis coordinator for the graduate program.

External Reviewers:

Reviewer A: "Dr. Chatkoff's publication record is...timely, focused and demanding as well as being of high quality, given the journals in which he primarily publishes."

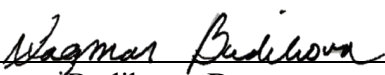
Reviewer B: "This work was important in its effort to specifically examine the deleterious impact of Covid in a high-risk, hard-to-reach sample."

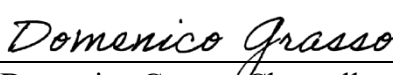
Reviewer C: "The portrait that emerges of Professor Chatkoff's scholarship is of a capable and connected researcher who has been programmatic in his efforts to understand and contribute to the literature on chronic pain and cardiovascular health."

Reviewer D: "In all, these studies are high quality: carefully conceived, capably executed, and resulting in well written papers."

Reviewer E: "The quality of Dr. Chatkoff's publications is excellent... The focus of Dr. Chatkoff's work is clear and consistent and the scholarly impact of Dr. Chatkoff's work is considerable."

Summary of Recommendation: Professor Chatkoff has published high-quality research and shows promise for continued scholarly work in the field of health psychology. He is also an excellent teacher and mentor and is rated highly by students and peers. He is a valued colleague and makes significant contributions to the university. We are pleased to recommend, with the support of the College of Arts, Sciences, and Letters Executive Committee, David K. Chatkoff for promotion to professor of psychology, with tenure, Department of Behavioral Sciences, College of Arts, Sciences, and Letters.

  
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Dagmar Budikova, Dean  
College of Arts, Sciences, and Letters

  
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Domenico Grasso, Chancellor  
University of Michigan-Dearborn

May 2024